

BALDWIN COUNSELING

1492 South Independence Blvd. Suite 104 Virginia Beach, VA 23462
Office: (757) 340-0275 Fax: (757) 340-0276

Patient Information and Social History

(ADULT)

Date: _____

Last Name: _____ First Name: _____ Middle Name: _____

Address: _____

Home Phone: (_____) Cell Phone: (_____)

Primary Contact: (_____) Work Phone: (_____)

Email: _____

SSN: _____ Birth Date: _____ Age: _____ Gender _____

Occupation: _____ Employer: _____

Length of Time at Current Job: _____ Employer Address: _____

Current Marital Status (check one): ___ Single (never married) ___ Widowed ___ Separated
___ Divorced ___ Unmarried/ Cohabiting Couple ___ Married (how many years _____)

Spouse: _____ Age: _____ Phone: (_____)

Spouse's Address: _____

Spouse's Occupation: _____ Employer: _____

Emergency Contact: _____ Relationship: _____

Emergency Contact Phone Number(s): _____

Referral Source: _____

List of all people living in your home:

Name	Current Age/Date of Birth	Relationship

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Please check if any of the following problems pertain to you:

- Nervousness Depression Fears Shyness Sexual Problems
- Suicidal Thoughts Separation Divorce Finances Drug Use Alcohol Use
- Self-Control Nightmares Sleep Children Behavioral disorders Relaxation
- Anger Infertility Unhappiness Legal Matters Ambition Work Stress
- Headaches Fatigue Making Decisions Memory Energy Insomnia Career Choices Health Problems Loneliness Education Inferiority Feelings Intrusive Thoughts Parenting Temper Marriage Children Social Issues Eating Disorder Appetite Impulsivity Victim

Health History

Current Primary Care Physician: _____

Phone: (_____) Date of Last Visit: _____

Address: _____

Please Complete Consent Form for Primary Care Physician

Current Health Problems: _____

Please List all Current Medications:

Medication	Dosage	OTC Y/N

Do you have any allergies? **YES/NO** If Yes, describe _____

In the past 2 weeks were your sleep patterns (check one): Typical or Unusual

(Check all that apply): Nightmares Insomnia Early morning waking
 Difficulty falling asleep Restless

In the past 2 weeks were your daily eating habits (check one): Typical or Unusual

(Check all that apply): 1-2 meals 2-3 meals snacks

Do you have any current eating disorders? **YES/NO** Have you had eating disorders in the past? **YES/NO**

If yes, explain: _____

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Are you presently experiencing emotions and/or mood that affect your day-to-day functioning?

	Never	Seldom	Often (5+ times per year)
Anxiety			
Frustration			
Manic States			
Suicidal Thoughts			
Anger			
Mood Swings			

Counseling History

Previous Psychiatric or Psychological Services: **YES/NO**

Reasons for Care: _____

Treatment outcome: _____ Dates of Services: _____

Current Treatment Provider: _____ Phone: (_____)

Address: _____

Reasons for Care: _____

List any Court ordered evaluations: _____

List any support groups you attend: _____

Is there a family history of (Check all that apply): ___Alcoholism ___Drug Abuse ___Mental Illness ___

Medical conditions that influence emotional states: _____

Has anyone in your family been treated for a psychiatric disorder? **YES/NO**

If yes, please explain: _____

Drug and Alcohol History

Have you ever used alcohol to change or alter your behavior or mood? **YES/NO**

If yes, explain: _____

Have you ever used drugs to change or alter your behavior or mood? **YES/NO**

If yes, explain: _____

Has anyone ever suggested you quit or cut back on your drug/alcohol use? **YES/NO**

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Complete the following for family members who have a history of drug/alcohol abuse:

Family Member	Substance Used	Current Use (Y/N)	Treatment Received

Family and Social History

Father (please answer all questions as it was during your childhood):

Occupation: _____ Highest Level of Education _____

Emotional Health: ___ Good ___ Fair ___ Poor

Physical Health: ___ Good ___ Fair ___ Poor

Describe your father/child relationship: _____

Mother (Please answer all questions as it was during your childhood):

Occupation: _____ Highest Level of Education _____

Emotional Health: ___ Good ___ Fair ___ Poor

Physical Health: ___ Good ___ Fair ___ Poor

Describe your mother/child relationship: _____

Who did you live during your childhood: _____ Where did you grow up: _____

List brothers and sisters (including you) in birth order and give their current ages:

Name	Age	Past Relationship	Current Relationship

Describe your childhood, ages 3-11 (check one): ___ Happy ___ Unhappy ___ Mixed

Explain: _____

Describe your adolescence, ages 12-18 (check one): ___ Happy ___ Unhappy ___ Mixed

Explain: _____

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Were you abused: **YES/NO**

Physically Emotionally Verbally Sexually (*check all that apply*)

Describe: _____

Educational History

Highest level of education achieved: _____ Currently Enrolled Major _____

Time spent on academics per week: _____ Expected Graduation Date: _____

Did you or do you have difficulty in school? **YES/NO**

If yes, explain: _____

Describe any specialized skills, training, certificates, or licenses: _____

Vocational Status

Describe your employment history for the past five (5) years beginning with your current position:

Employer	Position	Time in Job	Reason for Leaving

Describe any physical/emotional problems that prevent or interfere with employment:

Job Performance

Has your employer/supervisor expressed any concerns about your work performance to you? **(YES/NO)**

In the past: **(YES/NO)** Currently **(YES/NO)**

If yes, please check all that apply:

Missing too much work Assigned tasks not completed Irresponsibility

Poor/bad attitude Difficulty getting along with others Tardiness

Attitude/behavior change Difficulty getting along with supervisors

Increased errors Other: _____

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Military

Have you ever served in the military services: **(YES/NO)** If yes, when? From _____ to _____

Branch: _____ Rank at discharge: _____

Did you ever serve in combat: **(YES/NO)** If yes, please describe: _____

Legal

Do you have any pending legal action: **(YES/NO)**

If yes, explain:

Pending Criminal Charge _____

Name of Court: _____ Court Date: _____

Pending Domestic: _____ Identify Issue: _____

Name of Court: _____ Court date: _____

First name and age of any minors involved:

Name	Age	Relationship

Are you currently on probation or parole: **(YES/NO)**

If yes, explain: _____

Leisure, Recreational, Interests and Hobbies

Would you consider your life as (yes or no for each area):

Work oriented: **YES/NO** Family oriented: **YES/NO** Self-oriented: **YES/NO**

People oriented: **YES/NO** Leisure oriented: **YES/NO** Recreation oriented: **YES/NO**

Faith Oriented: **YES/NO** Activities you enjoy doing by yourself: _____